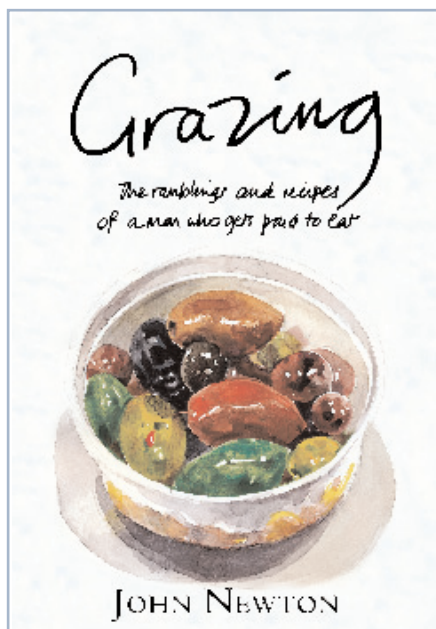


GRAZING

The ramblings and recipes of a man who gets paid to eat

By John Newton



Some people eat to live, some people live to eat: John Newton eats for a living. Years of eating, analysing and writing about food, has produced *Grazing – the ramblings and recipes of a man who gets paid to eat*.

In *Grazing* Newton takes us to Spain, the country that stole his heart and that to this day, still feels like home to him.

We follow him from his first journey in the 1970s in the time of Franco to the present day of Ferran Adrià. We encounter fascinating people who have impacted on his life and the delicious food that has caught his imagination.

However, Newton takes us beyond tales of travel and adventure and explores the nature of food as an industry, the politics of what is in our food and the information we should have to make informed choices.

In *Grazing* Newton explores the current controversies swirling around genetically modified, hormone induced and chemically saturated foods.

He examines how the rapid spread of foot and mouth disease almost wiped out the entire sheep population of England and challenges us to think beyond the ease of the supermarket, quoting the then Prime Minister of England, Tony Blair, "...We all want cheap food – but at what cost?"

Grazing is a book that confronts as much as it seduces. It is a book of travel, love, history and favourite recipes.

Never one to smooth over the bumps of life, in *Grazing* Newton provides us with all the ingredients for a must read memoir.

ABOUT THE AUTHOR

John Newton is a freelance writer, journalist, novelist and teacher. As a journalist he has written for *The Sydney Morning Herald*, *The Age*, *The Art of Eating*, *The Asian Wall Street Journal*, *Slow* and writes a wine column in *The Organic Gardener*. He is co-editor of *The Sydney Morning Herald* publication *The Good Food Shopping Guide*, and teaches Writing About Food through The University of Technology Sydney. John has won many awards for his writing, including the Golden Ladle for the Best Food Journalist in the 2005 World Food Media Awards.

PUB DATE: **JULY 2010**
 PRICE: **\$29.95**
 IMPRINT: **Paperback**

For further information please
 contact

Stuart Fyfe
stuart@newholland.com.au
02 8986 4705

Rebecca Lucas
rebecca@newholland.com.au
02 8986 4704